



MARCH 21-23
LAS VEGAS
CONVENTION CENTER

Absolutely Everything “Healthy” For Your Micro Market

Dave Grotto and John Hostetler, Kellogg Company

Where People, Products & Possibilities Meet

Your Presenters



**David Grotto, MS, RDN, LDN - *Senior Nutrition Manager,
Specialty Channels and Frozen Foods***



**John Hostetler – *Director Category Management & Business
Insights, Specialty Channels***

Agenda



What is Health and Wellness?

Shifting Consumer Behavior and Trends

Building Your Store to Activate and Attract
H&W Consumers – Focus on Bars

Agenda



Definitions

“Health & Wellness”: "...a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity."

- *The World Health Organization*



“Better-for-you”: No known definition



Better For You

“Natural”: FDA has not developed a formal definition for use of the term “natural”



“Healthy”: While FDA is considering how to redefine the term “healthy” as a nutrient content claim, food manufacturers can continue to use the term “healthy” on foods that meet the current regulatory definition.



fit
pick

The Evolution of Health & Wellness

WHERE WE STARTED



WHERE WE WERE



WHERE WE ARE



WHERE WE ARE
GOING



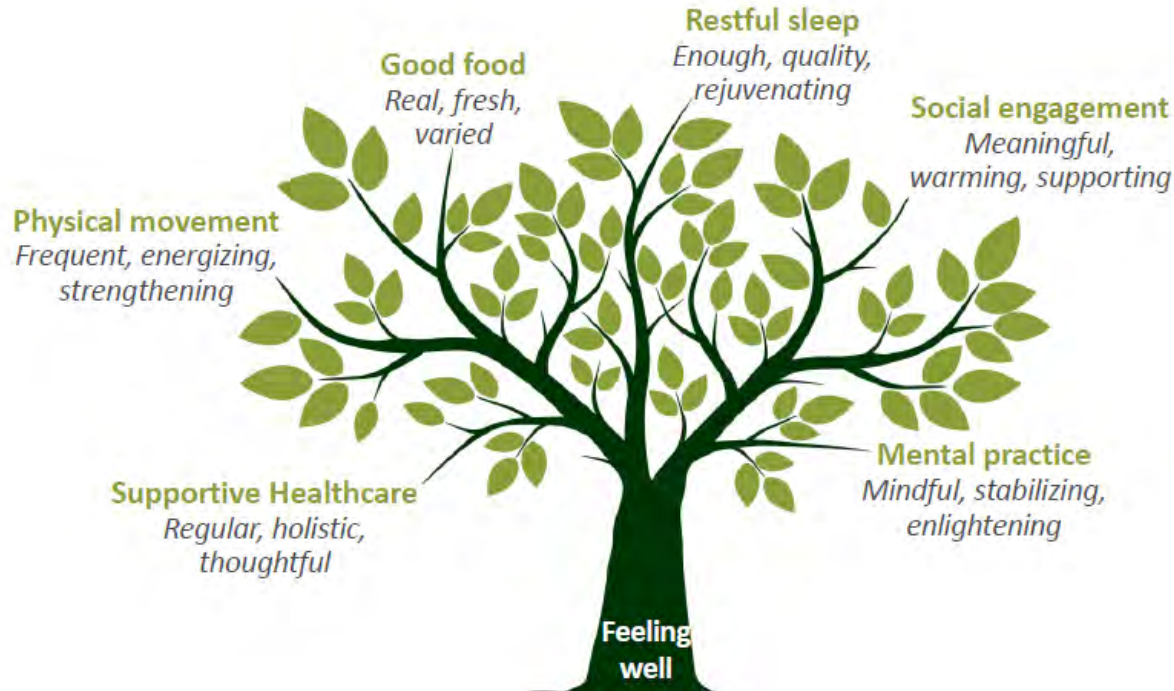
**Physical
Fitness**

Transparency

**Personal
Monitoring**

**Proactive
Solution**

Consumers Increasingly See Health & Wellness as a Means of Nourishing a Complex Ecosystem



What Does Health and Wellness Mean To People

Top 6 Traits People Mention When Talking About Health & Wellness



Not Being Ill



Feeling Good
About Oneself



Being Physically fit



Balanced Lifestyle

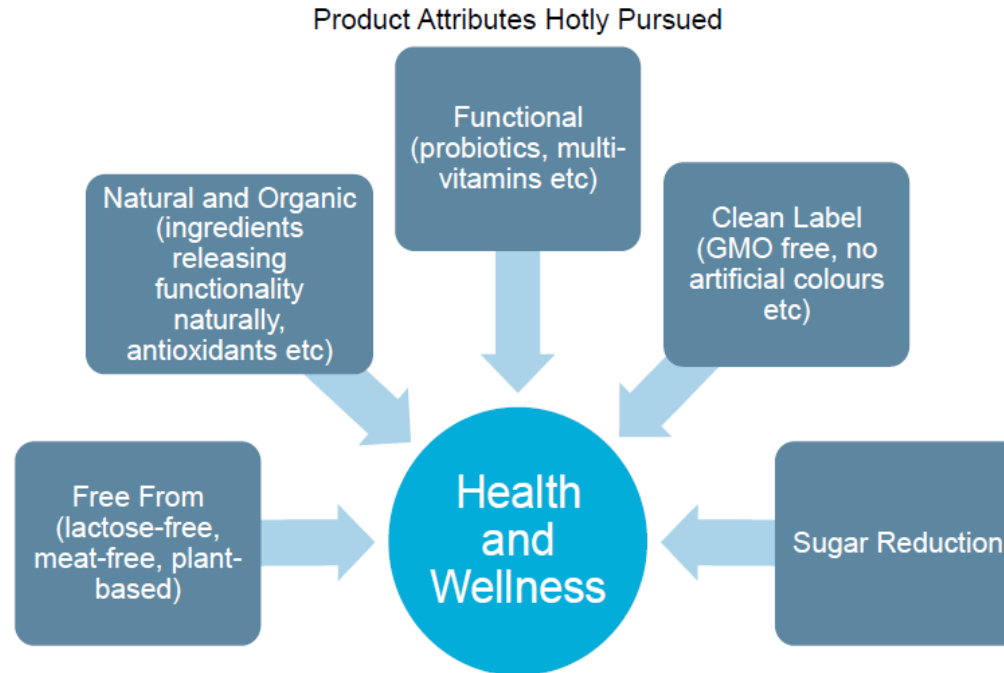


Having More
Energy

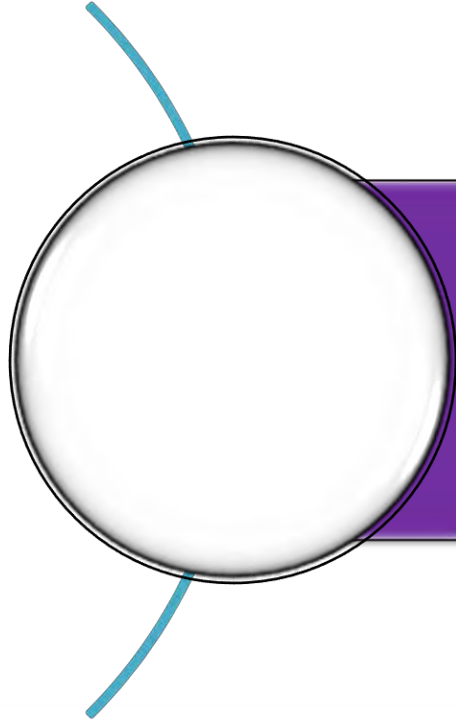


Reducing Stress

Health & Wellness as it Applies to Food



Agenda



Shifting Consumer Behavior and Trends

Transparency is Key in Shopper Decision Making

94%

Nearly all respondents (94 percent) say it is important to them that the brands and manufacturers they buy from are transparent about what is in their food and how it is made.

“Healthy” Eating Today is About Consuming Natural, Authentic Foods

All Natural or Natural Ingredients

32%
2015

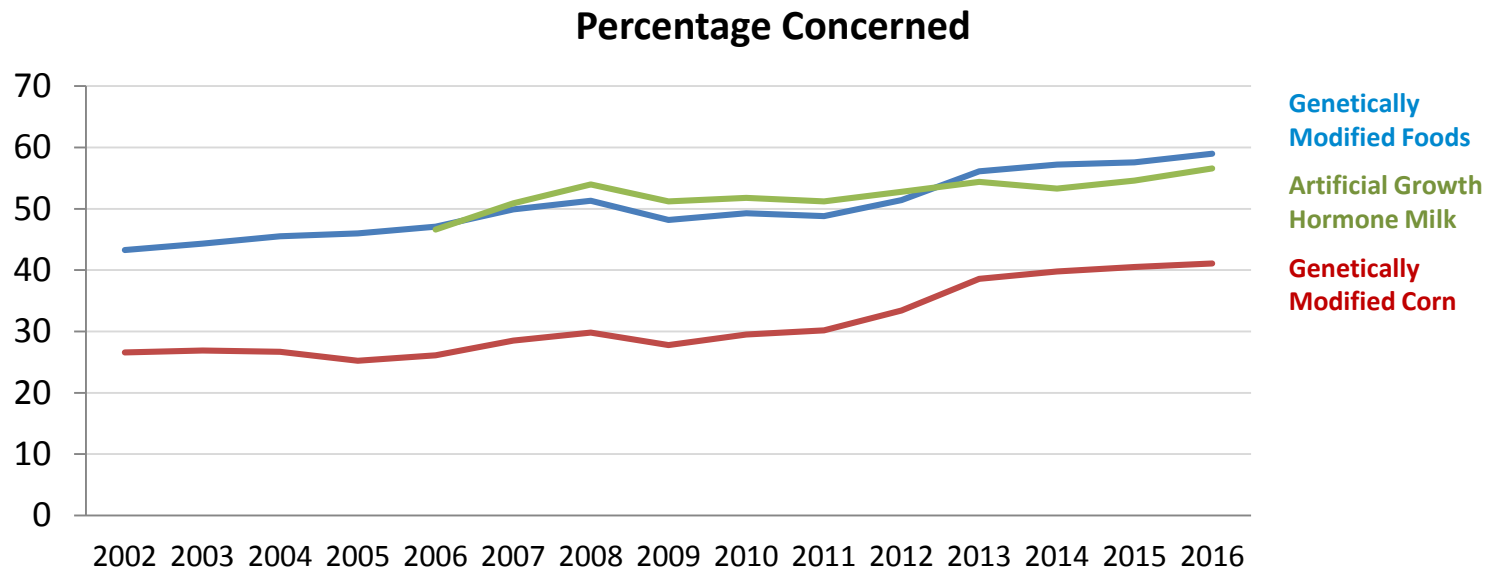
33%
2016

36%
2017

36% of eating occasions include at least one item labeled as all natural or made with natural ingredients

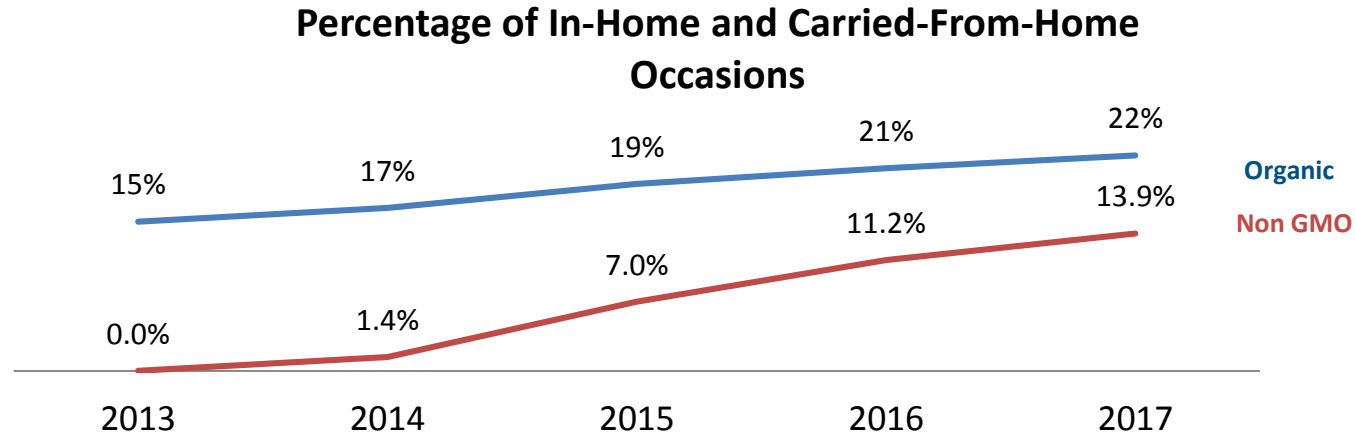


More Desire for Purity and Authenticity in Foods



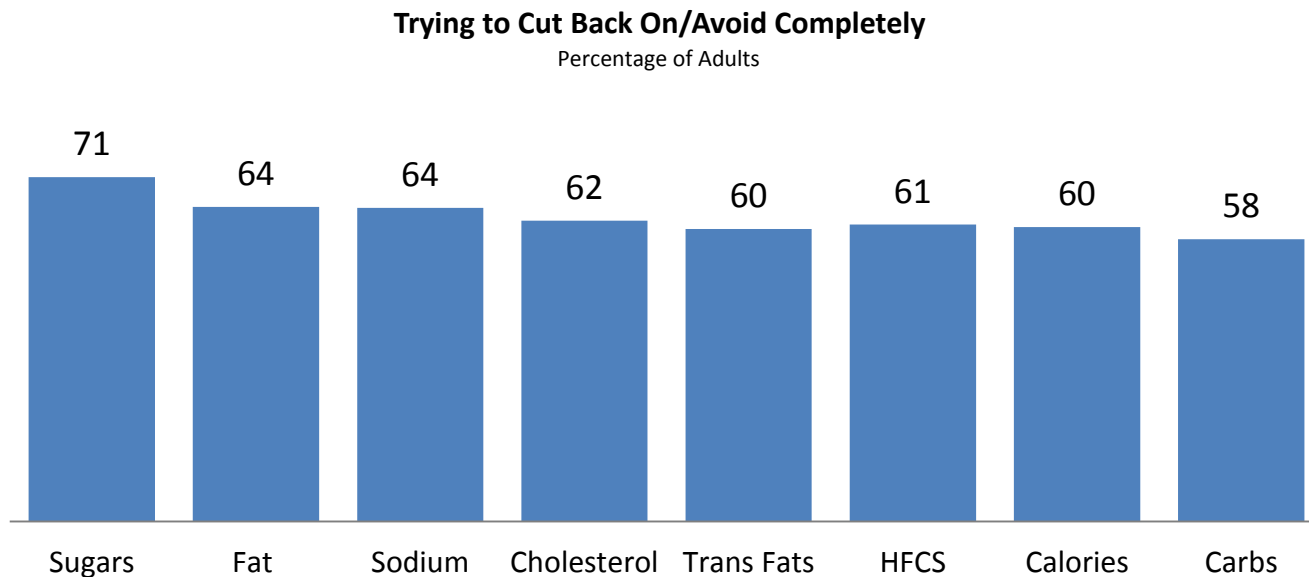
Consumers also Define Authenticity and Purity by Organic or Non-GMO Labels

These are the fastest growing special labels

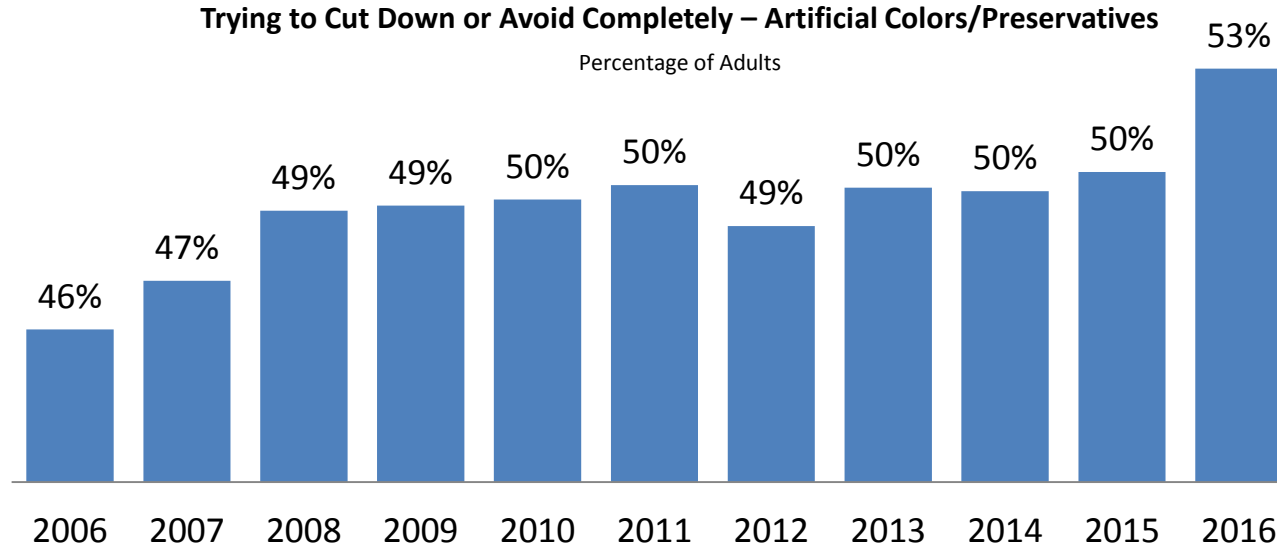


The NPD Group/National Eating Trends®, Years ending February '13-'17

The Leading Elements Consumers Want to Reduce or Avoid



Consumers Seek to Avoid Artificial Ingredients



The NPD Group/Dieting Monitor, Years ending December

Americans are Concerned about Sugar, but Consume their Fair Share



Nutrition Facts

Serving Size: 1.0 cupcake

Calories 131.15kcal Calories from Fat 60

Total Fat 1.59g

Saturated Fat 0.47g

Trans Fat -

Polysaturated Fat -

Monounsaturated Fat -

Cholesterol 0mg

Sodium 177.59mg

Total Carbohydrate 28.9g

Dietary Fiber 1.89g

Starch -

Total Sugars -

Sucrose -

Glucose (dextrose) -

Fructose -

Lactose -

Maltose -

Galactose -

Protein 1.89g

Water 9.8g

Ash 0.86g

Alcohol -

Caffeine 0.86mg

Theobromine 35.69mg

Calories used to be the top item on its own, but adults are now looking for sugar on the nutrition facts label more often.

25-37.5g* **Recommended** number of grams of sugar/day per AHA

82g* **Actual** grams of added sugar the average American consumes per day.



The NPD Group/Dieting Monitor, YE February 2015

Women = 25; Men = 37.5 American Heart Association, avg. for men ad women, CDC/NCHS 2010, USDA; 4g per tsp

Food Trends

Everyone's a foodie now, they want to know more about their food and seek positive nutrition

REAL FOOD & PROGRESSIVE BENEFITS

Minimally processed real natural food driving growth



- ✓ Organic
- ✓ No artificial/additives
- ✓ Non-GMO
- ✓ Clean labels
- ✓ Low sugar



CULINARY ADVENTURES

Chef created, artisan tastes and international flavors



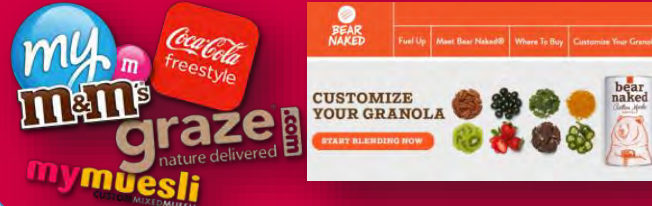
ULTIMATE CONVENIENCE, NO COMPROMISES

From 3 squares meal @ home to mini-meals anywhere



PERSONALISED MEALS AND EXPERIENCES

'My way' custom food both in restaurants & online

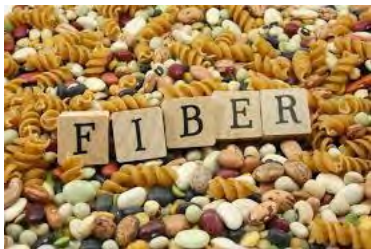


For Those who Diet, the Most Popular Diet is One of Their Own Making



Source: The NPD Group/NET®

What are Consumers Most Likely Adding into Their Diet



#1 - Fiber



#2 - Protein



#3 – Vitamin D

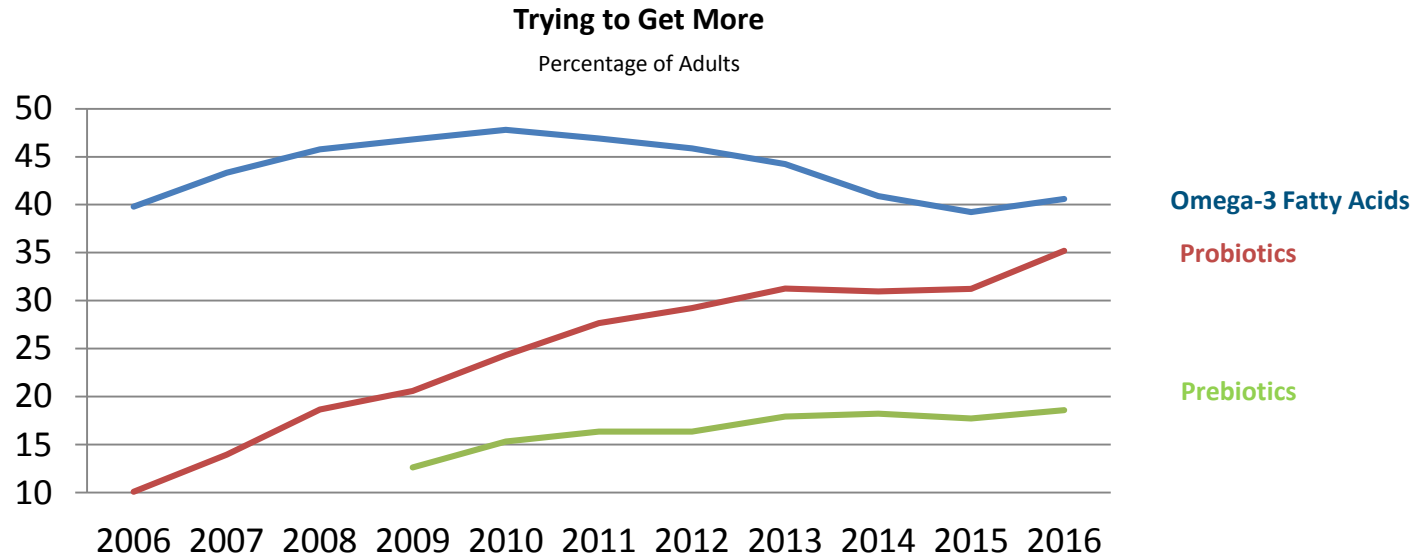


#4 – Whole Grains



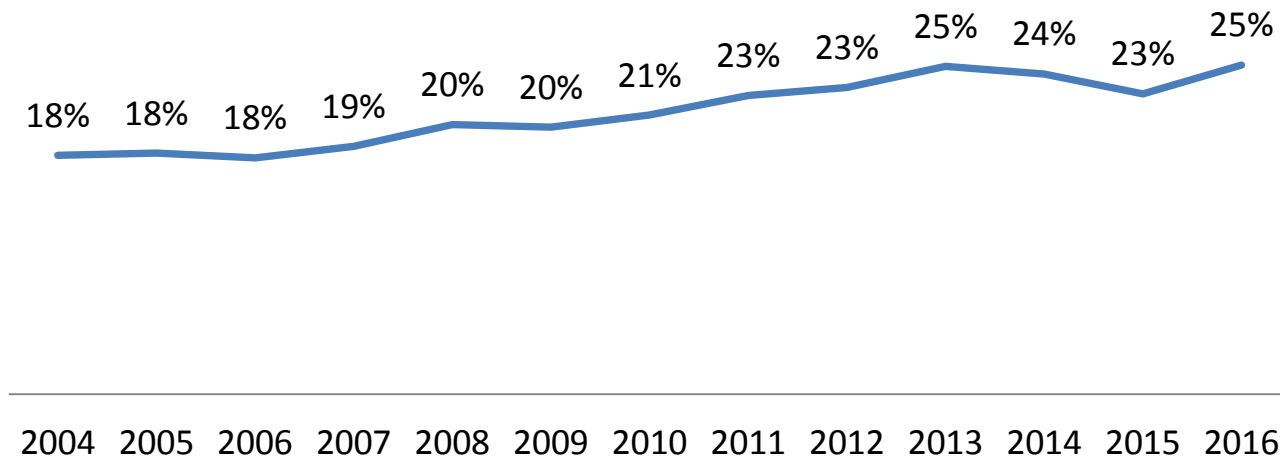
#5 – Nuts & Seeds

Consumers Thinking More about the Functionality of Foods



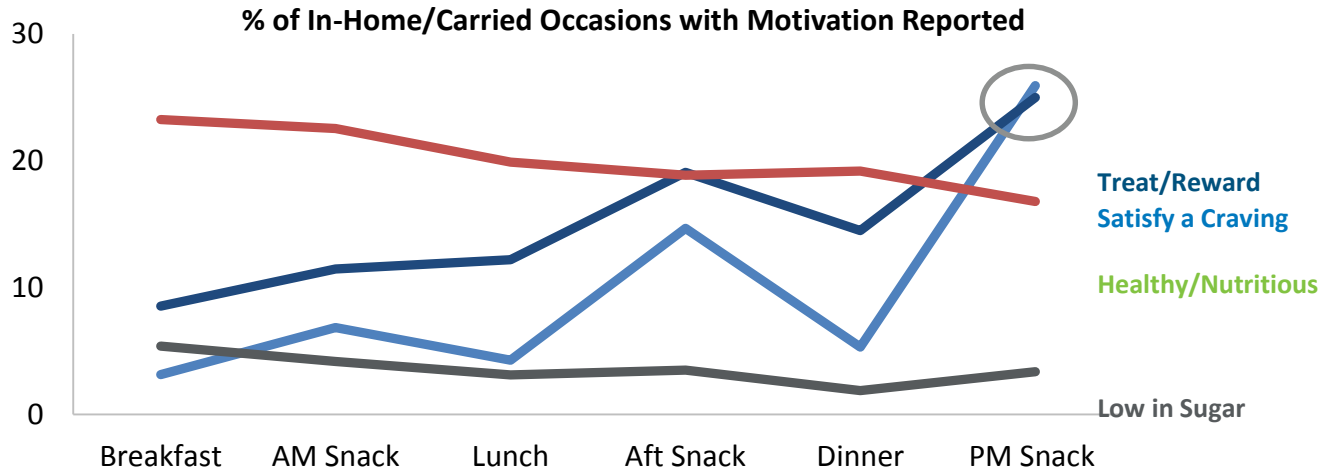
More People are Checking the Label for Protein

Percentage of Adults Indicating They Check Label For Protein



Personal Definitions of Healthy Eating Leave Room for Indulgence

Health and nutrition are our main motivations early in the day but give way to indulgence by the end of the day!



The NPD Group/National Eating Trends®; 3 years ending May 2017; Teens and adults

Consumers Balance Health and Indulgence Daily

We choose items based on indulgence (craving/treat/reward) at similar rates to health/nutrition. “Low in sugar” is reported as a motivation at 4% of our meal and snack occasions.

% of In-Home/Carried Occasions with Motivation Reported

Satisfied a
craving/taste
13%

Wanted a treat
or reward
7%



It was healthy/
nutritious
21%

It was low in sugar
4%

Snacks Include both Better-for-You and Indulgence



Better-For-You Snacks

Gelatin cups, refrigerated yogurt, granola bars, cereal fruit bars, cereal breakfast bars, energy/sports/nutrition/protein bars, diet bars, rice/popcorn cakes/snacks, single-serve cottage cheese cups, dried fruit, fruit cups/applesauce, fresh fruit, single-serve canned fruit, nuts, seeds



Savory Snacks

Crackers, string cheese/cheese shapes, bagels, frozen snack foods, potato chips, tortilla chips, snack/multigrain chips, corn chips and corn snacks, pretzels, cheese puffs and curls, dips, salsa, popcorn, trail/snack mix, salty snack and dip kits, meal kits, toaster pastries, meat snacks, other alternative salty snacks

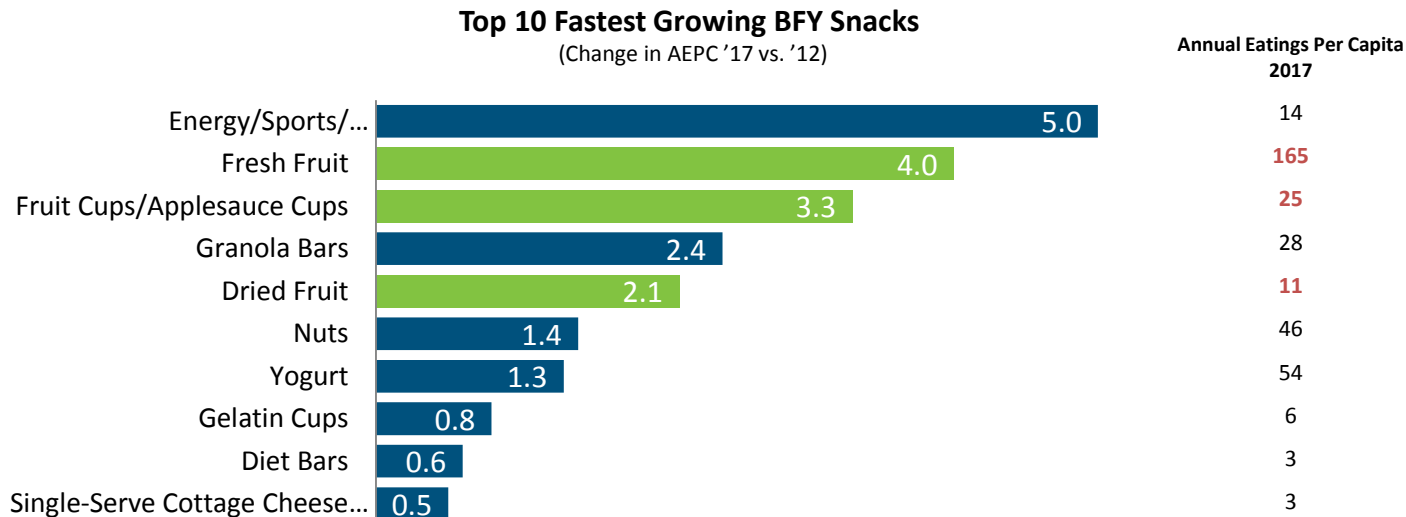


Sweet Snacks

Chocolate, chewy candy, hard candy, other candy, fruit snacks, snack cake/cupcake/mini cakes, snack pies/pastries, cookies, brownies, donuts, muffins, sweet snack and dip kits, pudding cups/cheesecake cups, treat bars, ice/fudge/cream pops, ice cream bars/sandwiches, frozen ice cream cones, ice cream, frozen yogurt, sherbet/sorbets/ices

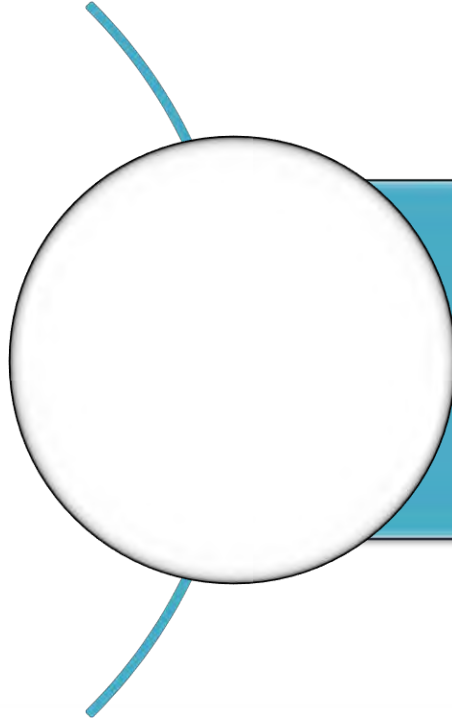
Fastest Growing Better-for-You Snacks

Fruit varieties, including fresh, individual cups, and dried, rank in the top 10 of fastest growing BFY snacks. Fresh fruit is the most commonly eaten better-for-you snack.



Source: The NPD Group/SnackTrack®, YE March 2017

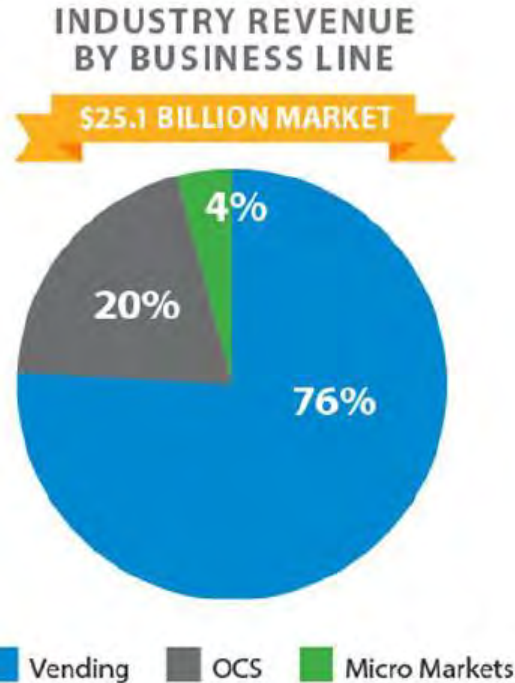
Agenda



Building Your Store to
Activate and Attract H&W
Consumers – Focus on Bars

Micro Markets are a \$1B Dollar Industry – And Have Grown 154% Since 2014

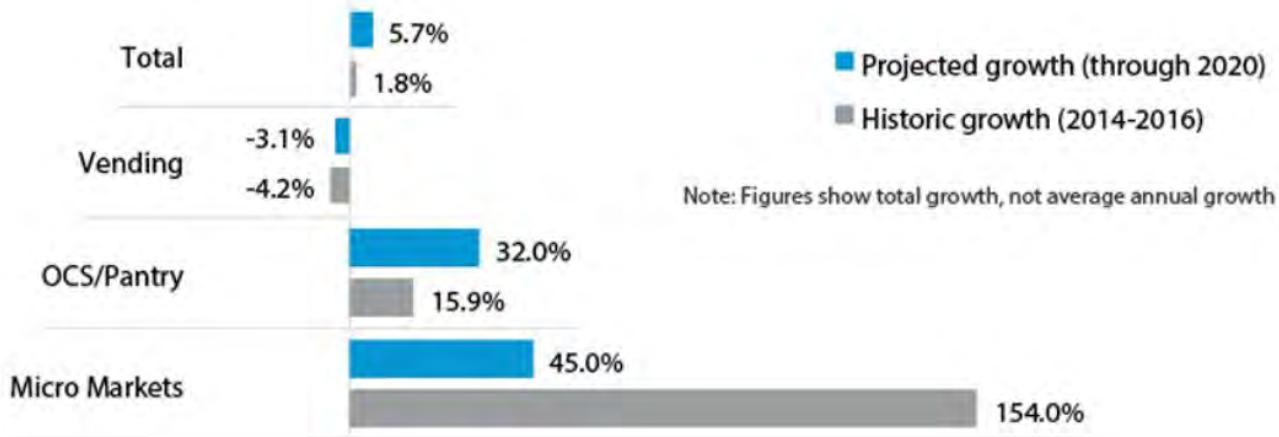
SEGMENT	2014 REVENUE (US\$ BILLIONS)	2016 REVENUE (US\$ BILLIONS)	VARIANCE
Vending	20.0	19.1	-4.2%
Office Coffee Services	4.3	4.9	+15.9%
▶ Pantry Services	N/A	0.3	N/A
Micro Markets	0.4	1.0	+154.1%



NAMA Industry Census Link 2014-2016 which projected growth through 2020

Micro Markets are Forecasted to Grow 45% Through 2020

Industry Growth – Projected through 2020



NAMA Industry Census Link 2014-2016 which projected growth through 2020

While Operators Agree the Segment is Growing, Challenges Exist



***92.7% of operators feel like the
Micro Market Segment is
growing***

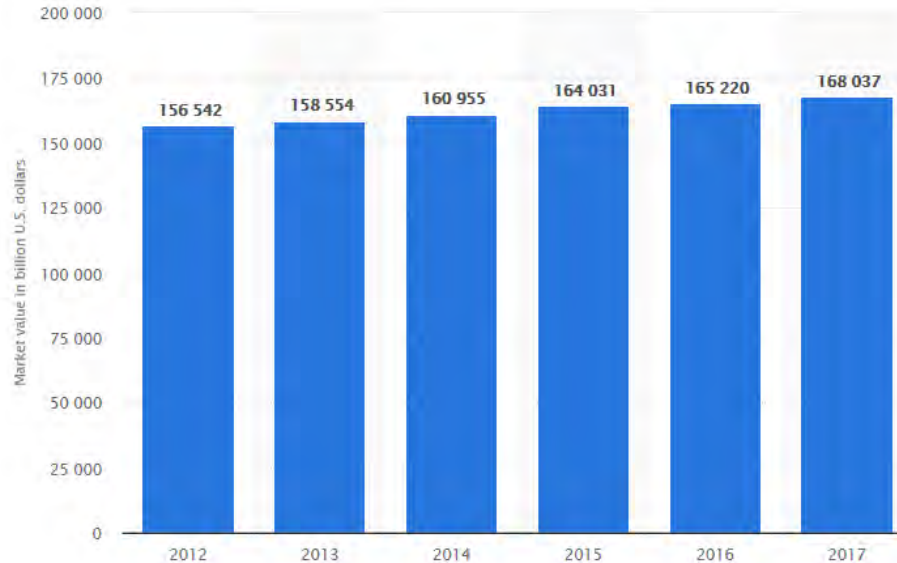


***23.6% of operators believe that
the top challenge in micro markets
is finding better product mix***

***Adding additional Health and Wellness products (both
fresh and shelf stable) to your Micro Market assortment
mix is good way to identify gaps in product mix.***

Health and Wellness Continues to Experience High Growth Rates As Well – \$168B Industry that has Growth 8% Since 2012

Market value of health and wellness in the United States from 2012 to 2017 (in million U.S. dollars)*



Statista – Calendar Year through 2017 Health and Wellness Food in Total US



Where People, Products & Possibilities Meet

Micro Market Operators Continue to See the Importance of a Better For You Assortment Portfolio for Their Store

Nutrition and Wellness Trends

Important to Operators

STATEMENT	2014 % AGREE	2016 % AGREE	TREND
We promote better-for-you beverages in our portfolio.	65%	88%	↑
We promote better-for-you snacks in our portfolio.	76%	88%	↑
We promote better-for-you prepared foods in our portfolio.	55%	69%	↑

NAMA Industry Census Link 2014-2016 which projected growth through 2020

Understanding Evolution of Health and Wellness is Critical to Identifying Your Right Assortment and Shelving Strategy

Then
Defensive



Reactive | A war | Mechanistic |
Simplistic | One-size-fits-all |
Authority driven

Now
Harmonious



Preventive | A journey | Systemic |
Complex | Individualized |
Self-assessed

The Great News is that Manufacturers have Embraced these Trends



So the Question Becomes...



To Understand This, We First Need to Understand Who the Away from Home Shopper Is



A Value Seeker



Health Focused



Seeking Portability



Bridge Snacker (10AM or 2PM)

Away from Home Shoppers are Looking to Fulfill Certain Need States when Making a Purchase Decision

Meal Complement



Grab and Go



Work Bridge



These Three Need States Make Up the Largest Portion of the Away from Home Business. Capturing this Audience is the Key to Driving Overall Success in Micro Markets.

When Looking for Food Options Away from Home, Consumers Typically Fall in One of these Buckets

Bold Explorer



Love snacking and have a passion on trying new types of snacks

Striving Cravers



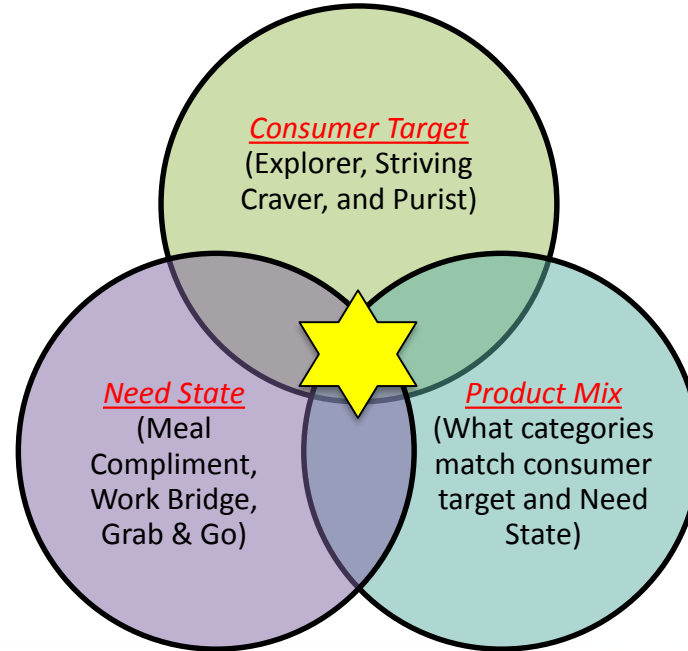
Love snacking but aspire to eat healthier – so they chose to consume healthier snacks that still taste great

Snack Purist



National/Wholesome Snack purchaser - willing to pay premium for clean labels, simple ingredients

To Drive Success at Micro Markets – We Need To Identify the Overlap Between Consumer, Need State, and Product Categories



Categories that Work Best for an Away From Home Shopper with Specific Need States Are...



Cereal

Vitamin D
Whole Grains



Bars

Protein
Fiber



Trail Mix

Nuts & Seeds
Protein

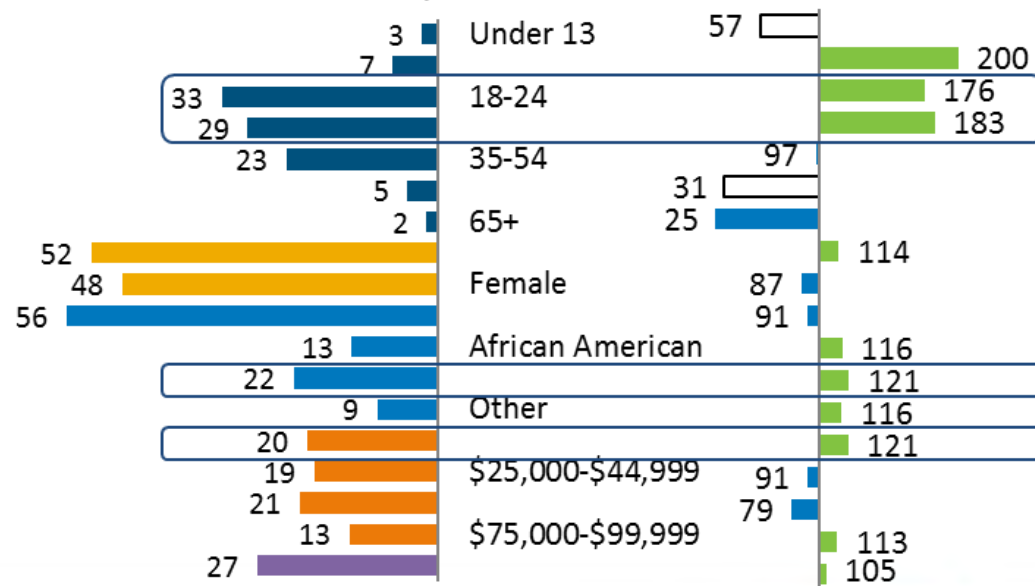
Let's focus on 1 and Show How We can Maximize the Shopping Experience Through Assortment and Shelf

Adults 18-24 are the Heaviest Consumers of Bars (33%), Followed by Adults 25-34

Adults 18-34, Hispanics, and incomes <\$25 over index on bar consumption in Non-Commercial outlets.

Share of Non-Commercial Distribution – YE Sep'17

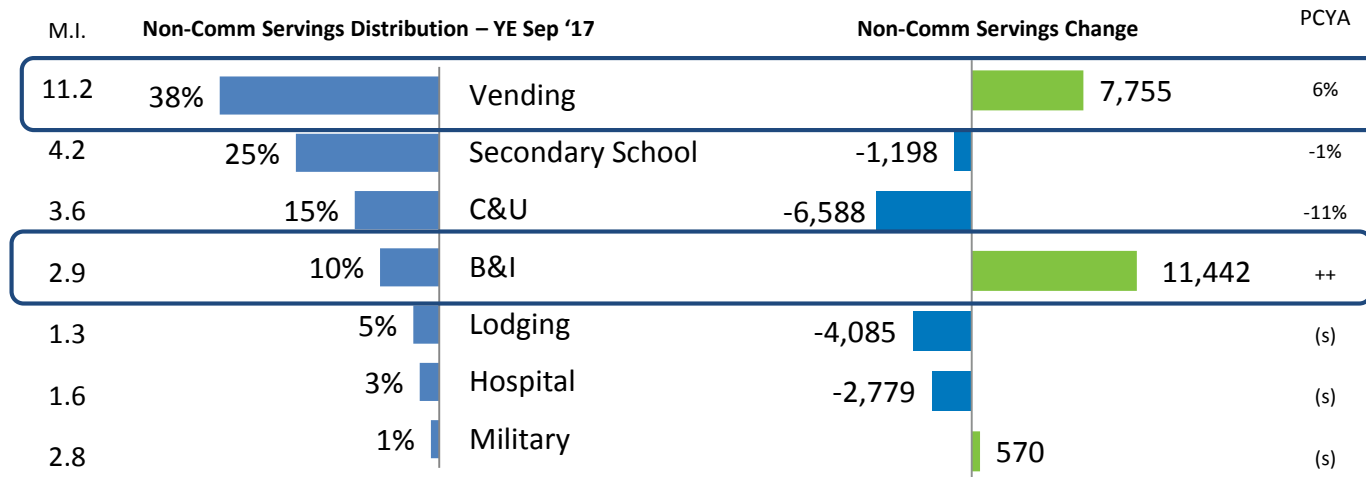
Index to Non-Commercial Traffic



CREST OnSite® YE Sep'17 Non Commercial
Index is to Total Non Commercial Traffic Distribution

Vending was the Second Largest Contributor to Growth for Bars in Non-Commercial Segments

Despite having only 10% share of bar servings, B&I contributed two-thirds to non-comm servings growth for the year.

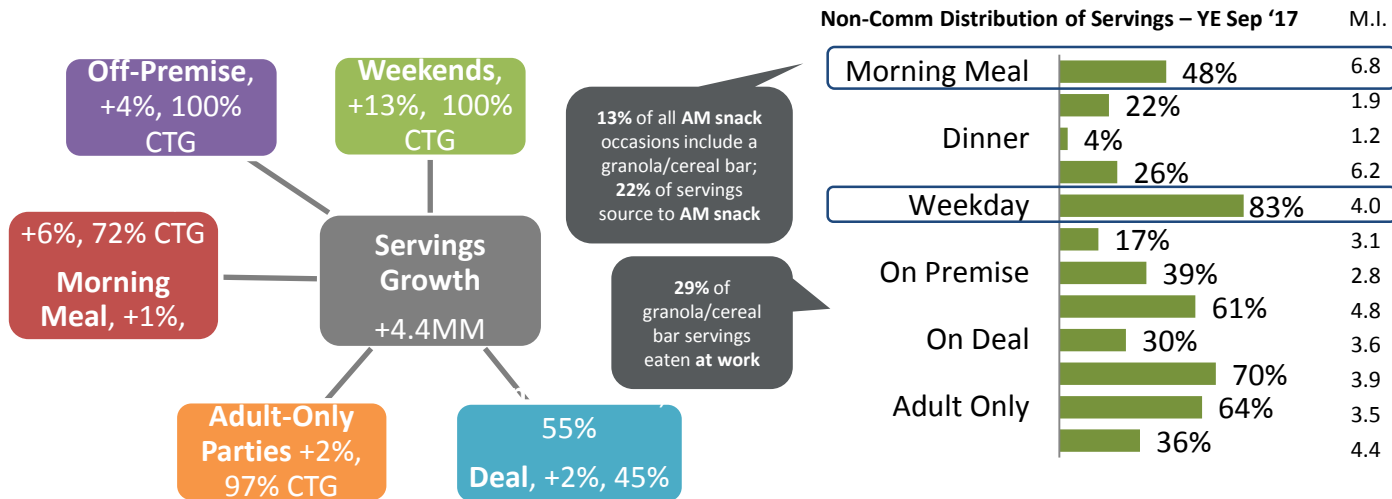


Menu Importance (M.I.) = servings/traffic

The NPD Group/CREST OnSite®, YE Sep '17, Non-commercial Granola/Cereal Bar Servings

The Morning Meal Represents Nearly Half of Bar Servings, and Weekday Captures 83%

48% of Bar Purchases will happen as part of the morning meal occasion. 70% of bar purchases will be sold without a deal – suggesting consumers are willing to pay for convenience and to purchase a product that meets their consumer need state and behavior.



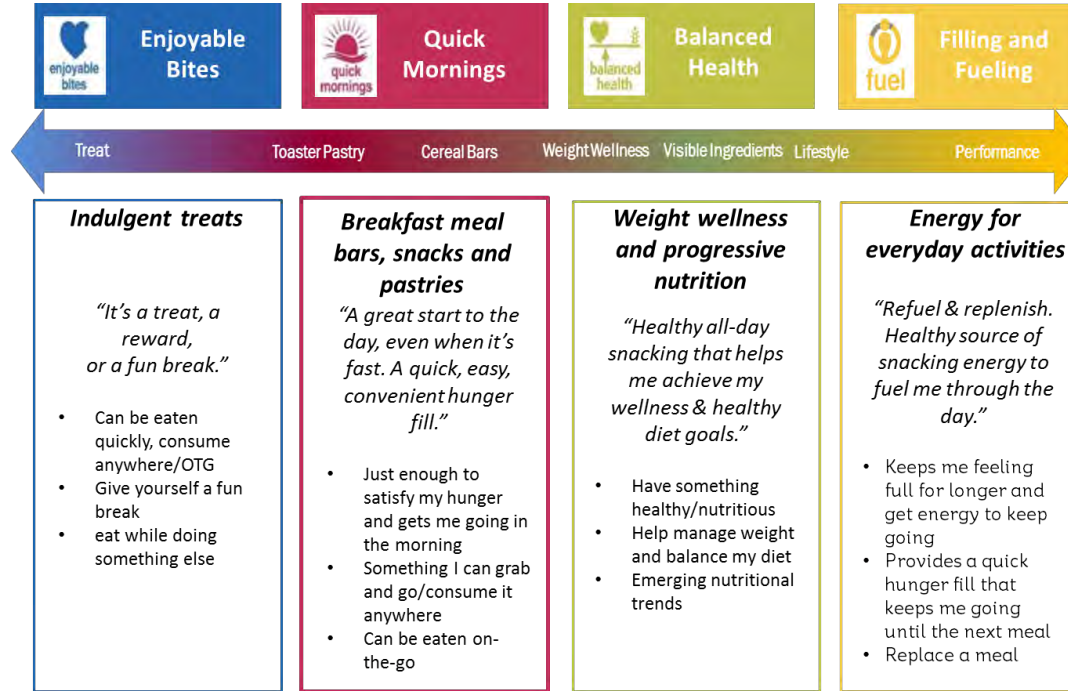
Menu Importance (M.I.) = servings / traffic

YE Sep '17 vs. YE Sep '16

Business segments % contribution to change

The NPD Group/CREST OnSite®; Non-commercial granola/cereal bar servings

The Bar Shopper can be Segmented into Four Need States



Recently – Kellogg's Tested Whether the Shelf Would Perform Better if We Blocked Bars by Targeted Need State

Control

8' Aisle Set
with Cookies on bottom,
breakfast options on top,
and bars in last four feet



4 – Test Cells

- 1) Bars separate from Cookie/Cracker/Toaster Pastries
- 2) By Consumer Need State

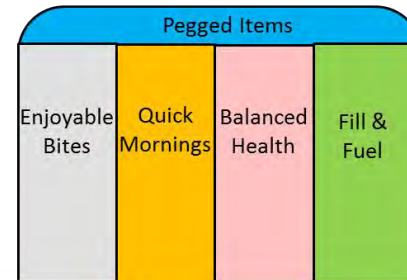
Hypothesis

With the right shelf set, we can drive incremental units per trip by making the aisle easier to shop.

Bars Separate



Consumer Need State



We Tested Virtually and Measured Behaviors and Attitudes



BEHAVIORS

- Sales of brands and category
- Penetration and buying rate
- Conversion funnels (awareness – pickup – purchase)
- Category basket size and product mix
- Time and accuracy to find products

ATTITUDES

- Reasons behind behaviors
- Awareness/noticeability of in-store elements
- Perceptions of brand and shopping experience
- Value perception
- Open-ended comments

Results Showed That Blocking a Shelf by Consumer Need State Created a Lift of 2% to Overall Base Sales for the Category

Drive the Consumer Need State Planogram

- Better shelf blocking can drive overall base sales by 1-2%
- Shoppers find the ease of shopability higher in the consumer need state set.

Create More Vertical Blocking on Shelf

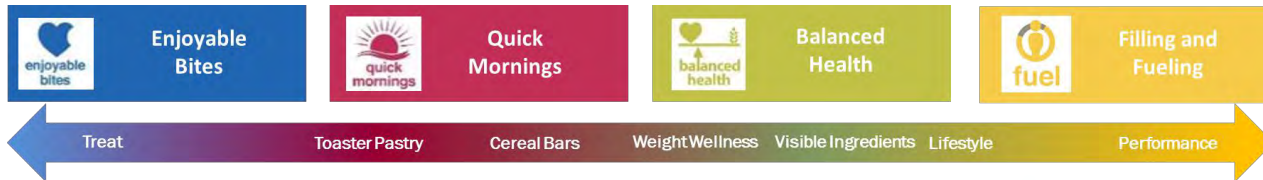
- Vertical Brand Blocking creates better visuals for certain brands on shelf
- This creates additional stopping points in aisle to visit products

Place Key Brands in the Shelf Strike Zone

- Strike zone is the middle of the set – eye level
- Pop-Tarts, Nutri-Grain, and SpK Protein all have the potential to grow high single digits in the strike zone

Bites can get a sales halo by being blocked near strike zone

- Place Wholesome Bites in Balanced Health near strike zone for optimal placement
- This allows for incremental sales opportunities in Balance Health set.



Proposed Flow and Assortment Space

<p>Quick Mornings</p> <p>More Whole Grains or Vitamin D focused Brands: Nature Valley, Nutri Grain, Cereal, Goodness Knows, Pop Tarts</p>	<p>Balanced Health</p> <p>Good Mix of Fiber & Protein Brands: Special K Kind Clif Larabar</p>	<p>Filling & Fueling</p> <p>Leans Heavy on Protein Brands: Quest PowerBar Power Crunch One Bar Clif Builder</p>
<p>Enjoyable Bites</p> <p>More focused on Taste/Reward Brands: Rice Krispies Treats</p>		

For More Information, Visit us at Booth 413, or Attend Our Other Education Sessions...



David Grotto, MS, RDN, LDN - *Senior Nutrition Manager, Specialty Channels and Frozen Foods*

- ***Nutrition Roundtable Thursday March 22 at 9:00am***



John Hostetler – *Director Category Management & Business Insights, Specialty Channels*

- ***NAMA Learning Lab Thursday March 22 at 2:30pm***



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Thank You!!

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